

CLEANING CHRONICLES

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Window Cleaning

Will I ever clean another window, now that I have a new career?

Probably.

Bikram Yoga

My daughter, Madeleine, who moved to LA to become a star, talked me into going to Bikram Yoga. It was like a sweat lodge, only there was no singing and I had to balance on one foot a lot.

Brian's Band

Brian, who works with me on the Air Purification thing, has had several bands. The first one was called *No Excuses* was when he and his friends were about fifteen. I sometimes referred to that band as *Full of Excuses*.

The next band was *Under my Skin* which was an appropriate name to begin with and didn't need changing. Then there was *Signs of Hope* that I liked to call *Not for Profit*, this was a band Brian went on some tours with, as far south as Florida and

west to Ohio. They were not luxury tours on airplanes and at five star hotels but, rather, five sweaty guys in a broken down van, sleeping on carpets in friend's houses, sometimes getting gas money for shows but more often not.

Brian's an excellent drummer (he gives lessons at a local studio) and, since he's the drummer, his bands have always practiced at our house because it's easier to move a guitar than a drum set. I never thought I would sound like my parents on this subject, but the music my son

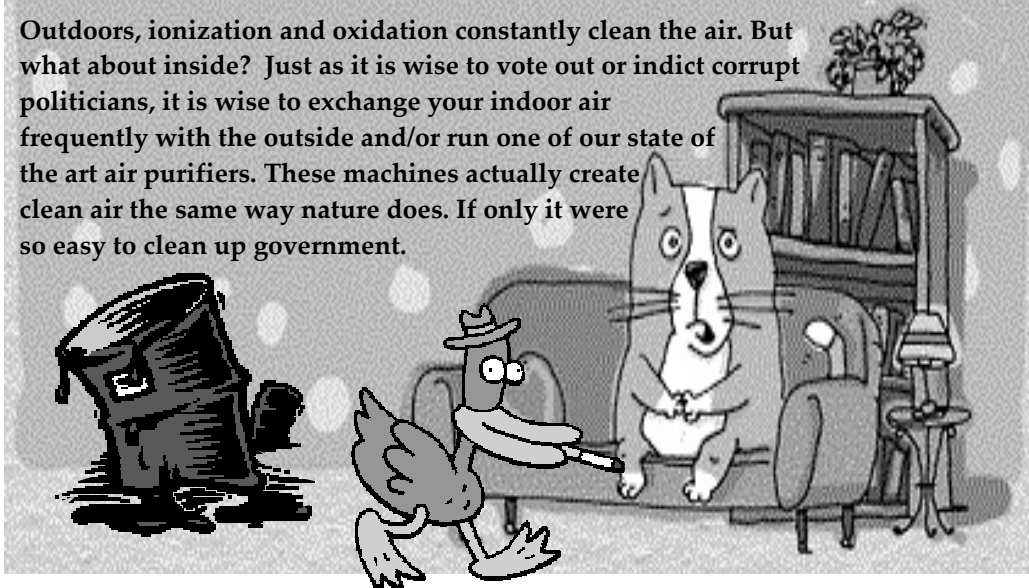
plays, even with his newest band, *Changing Directions*, all sounds like the same style to me. Brian however says that the styles vary drastically that there is a big difference between punk, pop punk, metal, and hardcore.

Since they've been practicing in our house for 5 years it's a great relief that they've gotten good. Sometimes now unbeknownst to the musicians, my wife and I will dance in the living room as the sounds rise through the floor and shake the house.

Indoor Air Quality

According to the EPA, the air inside is five times more polluted than that which is just outside our doors, unless, of course, you live near one of those oil refineries in northern NJ. From Congress, itself, we hear that indoor air quality may be the number one problem of this new century (after the politicians themselves). Our houses are so tight that they trap indoor air pollutants such as chemical offgassing from carpet, furniture, and cleaning products and smoke, dust (which is chiefly comprised of dead skin) and other particulate airborne pollutants.

Outdoors, ionization and oxidation constantly clean the air. But what about inside? Just as it is wise to vote out or indict corrupt politicians, it is wise to exchange your indoor air frequently with the outside and/or run one of our state of the art air purifiers. These machines actually create clean air the same way nature does. If only it were so easy to clean up government.



You Are Here

But where is that? Right here in this space, the only space, and in this time, the only time.

The universe is a closed system, to my understanding. Outside the universe there is nothing, nothing there. But you say, "What if you flew a space ship past the edge of the universe, then you would be somewhere else. No you wouldn't, you would still be in the universe, there was nothing there before, but there is now — You!

And what about time? There's only this moment. There was never any other moment. The past no longer exists. It once was the present but now it's gone. The future doesn't exist yet. When it does it will no longer be an idle fantasy, it will be the present.

And what about God?
Oh, He's Here!

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Hi There!

Happy New Year, New Millennium (it's still the new Millennium) Passover, Easter, Mother's and Father's Days. I could go on but the more holidays I add, the more I dilute the intention.

It's been over a year this time since I sent out one of these. That doesn't mean I wrote one and didn't send it, though.

Thank you for being my customer. You've made it possible for me to pay my bills, something my wife appreciates very much.

Guess what? I have a new job with a boss and everything. "Oh no!" you might say, "Who will do my windows?" or "Well, it's about time, he's been talking about doing something like this for fifteen years." I've also written a novel in my spare time and started an air purification business with my son, the musician. Once in a while I do some glass tinting. However, no matter how many projects, I still find time to lay around and watch TV with my lovely wife .

My New Job

Speaking of paying my bills, my new job is full-time. I'm Pre-K coordinator for *Little Scientists* in the New Haven Schools. *Little Scientists* is a purveyor of science curriculum for children.

The big question is, for how long? Through the spring? For a year? For years? Definitely the former. Probably not the latter. While there are benefits to using my other talents, there are some drawbacks to not working for myself. So I'm trying to take it one day at a time.

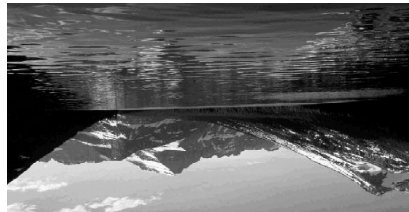


The Novel

The world's greatest window cleaner helps save it from terrorists with the aid of wife, kids, spiritual devotees, commandos, and a small but provocative garment. Could this be a gateway to a new life?

Hopefully.

I'll be sending a letter explaining more about this. People with air quality issues like those with allergies and/or pets, love our products.



I'm involved in a new business with my son, Brian. We are now distributors for Ecoquest, a company that makes the most highly regarded air purifiers in the world. Ecoquest equipment, using *Space Certified* design, send out ions and oxidizers into the air that travel throughout your house making it smell like you're in the mountains.

Air Purification Business